

**Canada Summer Games 2013**  
**Ontario Fencing Program Overview**

**April 1 2011 – Nov. 1, 2011**

**Orientation Period**

**Identify CSG Squad**

**A Squad**

Those athletes who are currently on the National High Performance Selection Rankings born 1993 or later.

*(see Appendix 1)*

**B Squad**

- Train to Train
- born in 1993 or later
- testing at Green Refinement – Blue Acquired

Date	Location	Invited	Mandatory	Purpose
April 9	University of Toronto	Fencers born 1993 or later/Foil and Sabre	No	Orientation /informal testing and observation
April 9	Provincial Epee Centre TFC	Fencers born 1993 or later / Epee	No	Orientation /informal testing and observation
Sept. 24-25	Provincial Epee Centre TFC	Fencers born 1993 or later / Epee/Foil/Sabre	No	Orientation /informal observation

A Squad athletes will be announced in the fall of 2011.

B Squad athletes apply before Dec. 30, 2011. Applications will be accepted throughout the training period. No applications for Squad status will be accepted once the Selection Period has begun. Only CSG Squad athletes will be ranked for selection. No athletes will be automatically qualified.

**Training Period****November 30 2011 – September 30 2012**

The training phase for the Canada Summer Games Ontario Fencing Team will begin in the winter of 2011-12. Three camps, one for each weapon, will be designated.

	Date	Location	Event	Purpose
EPEE TEAM	Dec. 26-30 2011	Toronto PTC	Camp	Blue Level Instruction
FOIL TEAM	Jan. 5-6 2012	Ottawa RA Centre	Camp/Competition	Blue Level Instruction
SABRE TEAM	Dec.	Hamilton Westdale Fencing Club		Blue Level Instruction
All Weapons	March 17-18 2012	Toronto	Camp	Blue Level Instruction
All Weapons	June 2012	Kingston	Camp	Blue Level Instruction
All Weapons	Aug. 2012 Testing/ Season Preparation	Toronto	Camp	Blue Level Test/ Refinement

At the end of this Training Period, B Squad athletes will move up to A Squad status after the Training Period if one or all of the following occurs:

- Athletes achieves a ranking on the National High Performance Ranking list
- Athlete achieves Refinement Status on the Blue Armband exam
- Coach recommendation for move up to A Squad (at least three Canada Games Coaching Squad coaches agree)

Only those athletes who are in this group will be ranked for selection during the selection period.

**Selection Period****October 2012- July 2013 (Jr. Nationals)**

Date	Location	Invited	Event	Purpose
October 2012	TBD	CSG Squad	Skills Camp	Blue Armband Instruction
October/Nov	USA/ Europe	CSG Squad	International Camp/Competition	Experience team travel and performance under pressure
Dec	TBD	CSG Squad	Skills Camp Preparation	Blue Armband Instruction
Jan/Feb	TBD	CSG Squad	Selection Competition 1 CSC 2	Ranking Points
Mar	TBD	CSG Squad	Preparation Camp	Blue Armband Instruction
March/April	TBD	CSG Squad	Selection	Ranking Points

			Competition 2 Jr. Provincials	
April/May	TBD	CSG Squad	Preparation Camp	Blue Armband Instruction/team Performance/ Team Captains trained
May	TBD	CSG Squad	Selection Competition 3 Jr. Nationals	Ranking Points
May/June	TBD	CSG Squad	Selection Camp	Blue Test/ Team Selection

### Preparation Period

July 2013-Aug 2013

Date	Location	Invited	Event	Purpose
July ( full week)	TBD	CSG Team and Alternates	Camp 1	Intensive tactical/mental
July	In club practice and regional groups	CSG Team and Alternates	Lessons and intensive bouting	Build stamina and confidence
July (late)	TBD	CSG Team and Alternates	Camp 2	Recovery and Team Building
August 2-17 2013	Sherbrooke, QC	CSG Team	Canada Summer Games	Gold Medals

### Ontario Canada Summer Games Coaching Squad

Identify CSG Coaching Squad and Apprentices –

- Squad coaches –Competition Development Certified or Level 3 NCCP plus (maximum 4)
- Apprentices - Competition Development Trained ( or equivalent) (maximum 2 )

The Ontario Canada Games Coaching Squad will be selected using the following criteria:

- NCCP Level
- Previous involvement in OFA programs
- Previous Major Games experience
- Ability to commit to the entire program and to potentially attend the Canada Summer Games

## Duties

Squad coaches will be responsible for the planning of camps, assessment of athletes progress, armband testing, fitness testing, and if selected, attendance at the Canada Summer Games. Coaches will travel with athletes to some competitions during the selection stage and the preparation stage.

## **How to apply for the Ontario Summer Games Program:**

If you are an “A” Squad athlete or would like to be part of this program please email me at [info@fencingontario.ca](mailto:info@fencingontario.ca) to let me know and register for the Ontario Jr/Sr Team Program as soon as possible.

For a list of “A” Squad athletes see the OFA website.