



**ONTARIO
FENCING
ASSOCIATION**

OFA MEDICAL & HEALTH COMMITTEE

Terms of Reference

Mandate: This suggested committee will serve the Ontario Fencing Association (OFA) with the role of overseeing all medical and health related interests affecting the sport of fencing in Ontario. Its proposed duties are subject to approval.

Key Duties:

1. To aid event organizers and officials in providing First-Aid/medical coverage for the full duration of OFA sanctioned events as outlined in the [OFA Sanction Policy and Procedures Document](#).

Category type:	Category 3/4/5 events: (developmental/closed/fun events)	Category 2 events: (Open events)	Category 1 events (Showcase events):
Event Examples	New Market Cup, Young Tiger's Cup	Vango Open, Brock Open	Provincials, CSC, Nationals, Canada-Cup, PanAms, etc.
Accreditation	Standard First Aid	First Responder certification (Athletic therapy students in conjunction with university events meet this criteria)	First Responder certification as well as training in medical, chiropractic, physiotherapy, athletic-therapy, etc.
Recommended/Required persons per active strips	Recommended 1 person per 15 active strips	-Required 1 person minimum up to a total of 15 active strips *1 additional dedicated person for every subsequent multiple of 15 active strips	-2 required persons minimum *1 additional dedicated person for every subsequent multiple of 15 active strips
Recommended pay rate for event	\$15/hour minimal	\$20/hour minimal	\$30/hour minimal

- To ensure standardization of practices and procedures for OFA sanctioned events, indications for the following shall be explored:
 - Hiring appropriate personnel (accreditation)
 - Creation of a training document for incoming medical staff on fencing duties, procedures, basic rules and common injuries and treatments (ex. medical timeout, concussion, etc.)
 - Compiling a list of hired/trained medical staff who are certified for competitions



- Recommended Police criminal check for individuals with regular coverage

2. Develop an OFA **Integrated Support Team (IST)**

- An IST works to **support** coaches and athletes. It includes sport sciences, sport medicine and other **team** management professionals. Their goal is to ensure that Ontario fencing athletes are healthy, fit and psychologically ready for optimal performance.
 - To develop partnerships with professional health services to address athlete injury prevention and management
 - To compile and post a list of professional health services that address athlete injury prevention and management
 - To inform and educate athletes, coaches, and supporters in how to best use the OFA IST resources within the LTAD and HPDP training program platforms

3. To educate and promote health, safety, nutrition, and performance to members and supporters within the Ontario Fencing Community.

- To invite focused speakers and facilitators to address sports-related health and safety.
- To promote accessibility of materials pertaining to health, safety, nutrition, and performance to members and supporters within the Ontario Fencing Community

4. To develop and maintain a record of all major injuries that are reported at OFA Sanctioned Events.

- Develop a standardized injury report form to post and distribute to all medical personnel at OFA Sanctioned Competitions
- Develop treatment protocols for common injuries at competitions
- Update and maintain a record of reported injuries

Authority: The Committee will make recommendations to the Executive Board of Directors for approval.

Composition: The 2018-20 Medical Committee will be composed of:

- Nader Abdelkader
- Lisa Huzel
- Nicholas Wagman
- Tan Chen
- Bethany Chrystoja



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- Patricia Howes

Appointment: Members are appointed by the Board of directors for a two-year term, renewable upon Board approval.

Meetings: The Committee will meet by telephone, by electronic means, or in person, as required. Meetings will be at the call of the Chair or at the call of the Board of Director. Roberts Rules of Order will be used in all committee meetings.

Resources: The Committee will submit a budget to the OFA Board of Directors for approval. Generally, budgets shall be submitted in February for the following fiscal year. (I.e. Feb. 2019 for the 2019-20 fiscal).

Reporting: The Committee will report to the OFA Board of Directors. The Committee will report to the membership, in writing and in person, at the Annual General Meeting. The Chair of the Committee will attend the Annual General Meeting and will also participate in all OFA strategic planning meetings.

Approval: These Terms of Reference were approved by the OFA Board on **December 1, 2019**.