CYCLE

- For age groups Y8 to Y14
- Maximum of 16 athletes per gender / weapon, per age Y8, Y10, Y12, Y14 (96 in total)
- Development expectations, metrics and goals are set for each age group
- Goals will be progresive; an athlete entering the sport in Y8 will see uniform and increasing development towards the goals of the program

About Ralf Bissdorf

- Silver, 2000 Sydney Olympics
- Team gold, 2002 World Championships
- Team bronze, 2003 & 2005 World Championships
- High Performance Director, Z Fencing, Singapore
- Led Singapore athletes to medals at the Asian Cadet Chmpionships, World Cadet & Junior Championships, and Asian Games 2016-2018
- 2001 Silver Laurel from the Federal Republic of Germany

FOR FURTHER INFORMATION

Ontario Fencing Association
info@fencingontario.ca
www.fencingontario.ca

To register:
https://ontariofencingassociation.wufoo.com/forms/ofa-youth-development-program-registration/

ONTARIO FENCING ASSOCIATION

ONTARIO YOUTH DEVELOPMENT PLAN 2019-2024

THE PROGRAM

Ontario is implementing a new 5-year program under the supervision of a Program Consultant.

Program Consultants: Ralf Bissdorf, Concord, MA (foil and sabre) and Maxime Brinck-Crotea, Gatineau QC (epee)
Program Directors: Darren Marks, Stratford, ON (foil); Maxime Brinck-Croteau

DEVELOPMENT PATH

- For each age group, the Program consultant establishes baseline skills, defined goals, expectations of technical, tactical and psychological skills, compatible with LTAD.
- Participating athletes and clubs are asked to ensure development along these lines.
- These follow the armband program, but with clear measurement of skills and performance goals.
- Early entry into the program achieves the maximum outcomes

BENEFITS

- Four mandatory, FREE competitions held across Ontario. These competitions will provide rankings.
- One mandatory FREE camp in the midpoint of the cycle.
  - This camp will have elite athletes/ Olympians in attendance and will be led by the Program Consultant and director/designated coaches.
- Club coaches may use them as opportunities to teach, reinforce and discuss development skills.
- Top three athletes at the end of the cycle will have the opportunity to attend an international camp, fully or partially funded by the program.
  - These athletes will be designated Team Ontario Athletes.
- Success as determined by the program consultants in other non-required competitions (eg designated national, SYC, NAC) will have some (or all) of registration fees returned as reward for achieving development goals.
- **FEES** $500 per year